

Welcome Class of 2026!

Scheduling 101



**EVERYTHING YOU EVER WANTED TO
KNOW ABOUT SCHEDULES,
CREDITS, AND COURSES AT UMAHS**

Overview



- Credits/Graduation requirements
- Recommendations for core course levels
- Elective course selections
- Typical 9th grade schedules
- Four year course selection plan
- Questions

What is a Credit?



A student needs 23.5 credits to graduate. Of those, 16 come from required courses, and 7.5 from electives

- A full year course that meets 6x/cycle = 1.0 credit
- A half year (semester) course that meets 6x/cycle = .5 credits
- A half year course that meets 2x/cycle=.2 credit (semester)



Required Courses: Total Required Credits =

23.5

English 4.0 credits

Social Studies 3.5 credits

Math 3.0 credits

Science 3.0 credits

Physical Education 1.0 credit

Health I 0.5 credit

Health II 0.5 credit

Computer 0.5 credit

Electives 7.5 credits

Promotion Requirements



- Ninth Grade Minimum Credits Earned = 5.0
- Tenth Grade Minimum Credits Earned = 11.0
- Eleventh Grade Minimum Credits Earned = 17.0
- Total Credits to Graduate = 23.5

Students will be placed in grade level homeroom according to total credits earned prior to the start of the new school year

COURSE LEVELS:



English, Math, Science & Social Studies are leveled

- **Honors/Advanced Placement:** the most rigorous coursework available to our students and are appropriate for students with the ability to handle the most academically challenging material
- **College Preparatory:** academically rigorous and intended to prepare students for successful post-secondary educational or career opportunities

A student may be in different levels for different courses and may move between levels each year. However, 9th grade English and Social Studies must be the same level. The level is determined by the teacher recommendations, you and your parent.

Course Level Recommendations



- Ninth grade core course levels are determined by 8th grade teachers.
- Levels will be indicated on the **Course Selection Verification Sheet** that students receive after they meet with their counselor in February
- Parents and students may consult with the current teacher and/or the 8th grade counselor for reconsideration of a recommendation. After consultation, if you still prefer a different level, you can proceed with an override letter to change the recommended level.

What is an Elective?



An elective is any course that is not specifically required and that you choose to take, such as:

Foreign Language

Art

Business

Consumer Sciences

Technology and Engineering

Picking Electives



- Students should review the in-depth descriptions of courses found in the High School Program of Studies.
- Note that some electives may be taken only after grade 9 (such as Tech School), and others are specific to grades 11 and 12.
- Remember, these are only requests and not a guarantee that you will be placed in this class. Be sure to choose “alternate selections” for elective choices.

Filling Up a Seven Period Day



1. English
2. Math
3. Social Studies
4. Science
5. Physical Education (2x a cycle)
6. Integrated Technology/Health I
7. Language or Elective

High School Scheduling Worksheet: Science & Technology (no labs)

Days/Period	1	2	3	4	5	6	Credits Scheduled
1	Humanities English H/CP						1 credit 6 days
2	Humanities World Cultures H/CP						1 credit 6 days
3	Math H/CP						1 credit 6 days
4	Science & Tech H/CP						1 credit 6 days
5	Choir/Band/ Orchestra or Study Hall	PE	Choir/Band/ Orchestra or Study Hall	Choir/Band/ Orchestra or Study Hall	PE	Choir/Band/ Orchestra or Study Hall	0.4-1.0 credit 2-6 days
6	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	1 credit 6 days
7	Int Tech	Health I	Int Tech	Health I	Int Tech	Health I	1 credit 6 days

High School Scheduling Worksheet: Honors Biology (labs)

Days/Period	1	2	3	4	5	6	Credits Scheduled
1	Humanities English H/CP						1 credit 6 days
2	Humanities World Cultures H/CP						1 credit 6 days
3	Math H/CP						1 credit 6 days
4	Honors Biology						1.2 credit 8 days
5	(Honors Bio Lab)	PE	Choir/Band/Orchestra or Study Hall	(Honors Bio Lab)	PE	Choir/Band/Orchestra or Study Hall	0.4-0.8 credit 2-4 days
6	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	Foreign Language or Elective	1 credit 6 days
7	Health I	Health I	Int Tech	Health I	Int Tech	Int Tech	1 credit 6 days

Sample 4 Year Plan



9 th Grade	10 th Grade	11 th Grade	12 th Grade
English	English	English	English
World Cultures	Western Civ	Amer Cultures	Gov't/Econ
Math	Math	Math	Math
Science	Science	Science	Science
Language	Language	Language	Language
PE (0.4)	PE (0.4)	PE (.2)	Electives (2.0)
Health I	Electives (1.0)	Health	
Integrated Tech		Elective (.5)	

Sample 4 Year Plan (tech)



9 th Grade	10 th Grade	11 th Grade	12 th Grade
English	English	English	English
World Cultures	Western Civ	Amer Cultures	Gov't or Econ
Math	Math	Math	Math or Science
Science	Science	Science	PE (0.6) or Electives (0.5)
Language	Tech School	Tech School	Health
PE (0.4)			Tech School
Health I			
Integrated Tech			

Completing Your Scheduling Request



- Select 3-4 electives
- Double-check prerequisites before selecting a course
- **You and your parent sign the Verification Sheet and return to the Middle School counselor**
- Prior to June, please contact the Middle School Counselor to make any adjustments

Other Scheduling Notes



- From June through the last day of summer break, please contact the High School counselors for adjustments.
- Final schedules are sent home mid-August
- Schedules will not be adjusted once school starts, other than level changes.